

ACTIVITIES IN THIS SECTION ARE REGULARLY SCHEDULED PLEASE REMEMBER TO RSVP FOR ALL ACTIVITIES! AT X7403 OR X7402	<u>EVERY MONDAY</u>	<u>EVERY TUESDAY</u>	<u>EVERY WEDNESDAY</u>	<u>EVERY THURSDAY</u>	<u>EVERY FRIDAY</u>	
	9:00 WU: Wake Up and Workout (ER) 9:30 WU: Wake Up and Workout (ER) 1:30 WU: Stretching & Balance (ER) 2:00 WU: Stretching & Balance (ER) 2:30 WU: Boxing Class (ER)	9:00 WU: Wake Up and Workout (ER) 9:30 WU: Wake Up and Workout (ER) 12:30 Sit & Sculpt (ER) 1:00 WU: Stretching & Balance (ER) 1:30 WU: Sit & Sculpt (ER) 2:00 Stretching & Balance (ER)	9:00 WU: Wake Up and Workout (ER) 9:30 WU: Wake Up and Workout (ER) 1:30 WU: Stretching & Balance (ER) 2:00 WU: Stretching & Balance (ER) 2:30 WU: Boxing Class (ER)	9:00 WU: Wake Up and Workout (ER) 9:30 WU: Wake Up and Workout (ER) 1:30 WU: Stretching & Balance (ER) 2:00 WU: Stretching & Balance (ER) 2:30 WU: Boxing Class (ER)	9:00 WU: Wake Up and Workout (ER) 9:30 WU: Wake Up and Workout (ER) 12:30 Sit & Sculpt (ER) 1:00 WU: Stretching & Balance (ER) 1:30 WU: Sit & Sculpt (ER) 2:00 Stretching & Balance (ER)	9:00 WU: Wake Up and Workout (ER) 9:30 WU: Wake Up and Workout (ER) 1:30 WU: Stretching & Balance (ER) 2:00 WU: Stretching & Balance (ER)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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<p>11:00 WU: Seniors For Peace Workshop (M) <u>10:00 Shopping trip to ShopRite (B)</u> 1:00 Monday Movie Matinee w/Popcorn (A) 3:00 WU: Abstract Acrylic Art (LL) 7:30 Closed Resident Council Meeting (A) TODAY IS WORLD COMPLIMENT DAY. BE SURE TO COMPLIMENT ONE OF YOUR NEIGHBORS. ONE KIND WORD CAN GO A LONG WAY!</p> <p style="text-align: right;">1</p>	<p>11:30 WU: Logan Square Laughters: Improv Class (A) 12:20 WU: Line Dancing Class (Zoom) 12:30 Technology Support for iPhones and iPads (A) 2:00 Stand Up Comedy Special: <i>Jerry Seinfeld: 23 Hours to Kill</i> (A) 3:00 WU: Journey through Journaling (LL) 7:30 Evening Film (A)</p> <p style="text-align: right;">2</p>	<p>11:00 WU: Bible Study (A) 11:30 WU: Watermark Players Rehearsal (Zoom) 12:30 Library Committee Meeting (LL) 2:00 Wine & Cheese Social *Limited Spaces: Contact x7402 to RSVP* (A) 3:30 WU: Intro to Paper Quilling (LL)</p> <p style="text-align: right;">3</p>	<p>11:30 Screening of Netflix Original Series: <i>The Queen's Gambit</i> (A) 12:00 WU: Pop Culture Thursday (LL) 2:00 Docent-led virtual tour of the National Portrait Gallery's <i>Every Eye is Upon Me: First Ladies of the United States</i> (A) 7:30 Evening Film (A)</p> <p style="text-align: right;">4</p>	<p>11:00 Bingo Bonanza! (A) 2:00 WU: Virtual Fit-Brains Cognitive Training (Zoom) 3:00 WU: Still Life Watercolor Painting (LL)</p> <p style="text-align: right;">5</p>	<p>9:00 WU: Wake Up and Workout (Youtube) 2:30 WU: Stretching Class (Youtube) 1:00 Saturday Matinee (A) WU: One Day University- Saturday Science Lecture: <i>What We Know (and don't know) About the Universe</i> (Watch from your tablet, computer, or smartphone)</p> <p style="text-align: right;">6</p>
<p>9:00 WU: Wake Up and Workout (Youtube) 2:30 WU: Stretching Class (Youtube) WU: One Day University- Sunday History Lecture: <i>Learning From the Roman Empire: Are We Repeating Their Rise and Decline?</i> (Watch from your tablet, computer, or smartphone)</p> <p style="text-align: right;">7</p>	<p>11:00 WU: Jeopardy: Celebrating International Women's Day! (A) 1:00 Monday Movie Matinee w/Popcorn (A) 3:00 WU: Abstract Acrylic Art (LL)</p> <p style="text-align: right;">8</p>	<p>11:00 WU: Concerned Citizens (A) 12:20 WU: Line Dancing Class (Zoom) 12:30 Technology Support for iPhones and iPads (A) 2:00 Cooking Class w/ Executive Chef, Kais Naseery (A) 7:30 Evening Film (A)</p> <p style="text-align: right;">9</p>	<p>11:00 WU: Sports Review & Hot Topics w/ Bob Craig (A) 11:30 WU: Watermark Players Rehearsal (Zoom) <u>1:00 Shopping Trip to Whole Foods/ CVS (B)</u> 2:00 Town Hall Meeting with Steve Stefanelli (A) 3:00 Meet and Greet w/ Your Neighbors! (LL) 7:30 Pub Style Quizzo Night! (A)</p> <p style="text-align: right;">10</p>	<p>11:30 Screening of Netflix Original Series: <i>The Queen's Gambit</i> (A) 12:00 WU: Pop Culture Thursday (LL) 2:00 WU: Beer Tasting w/ Steve Stefanelli (A) 3:00 Luck O' The Irish Scavenger Hunt: May The Luckiest team Win! (LL) 7:30 Evening Film (A)</p> <p style="text-align: right;">11</p>	<p>9:00 WU: Wake Up and Workout (Youtube) 11:30 Crafter's Corner w/ Anna (A) 2:30 WU: Stretching Class (Youtube) 1:00 Saturday Matinee (A)</p> <p style="text-align: right;">13</p>
<p>9:00 WU: Wake Up and Workout (Youtube) 2:30 WU: Stretching Class (Youtube) WU: One Day University- Sunday History Lecture: <i>The Four Greatest Strategic Military Thinkers in History</i> (Watch from your tablet, computer, or smartphone)</p> <p style="text-align: right;">14</p>	<p><u>10:00 Shopping trip to Trader Joe's (B)</u> 11:00 WU: Seniors For Peace Workshop (M) 11:30 WU: St. Patrick's Day Chocolate Workshop w/ Jill Migliore (A) 1:00 Monday Movie Matinee w/Popcorn (A) 3:00 WU: Abstract Acrylic Art (LL)</p> <p style="text-align: right;">15</p>	<p>11:30 WU: Logan Square Laughters: Improv Class (A) 12:20 WU: Line Dancing Class (Zoom) 12:30 Technology Support for iPhones and iPads for iPhones and iPads (A) 2:00 Get Together and Catch Up w/ Jen Tapner! (A) 3:00 WU: Journey through Journaling (LL) 7:30 Evening Film (A)</p> <p style="text-align: right;">16</p>	<p>11:00 WU: Bible Study (LL) 11:30 WU: Watermark Players Rehearsal (Zoom) 11:30 WU: Master Apartment Gardening: Clovers (A) 1:00 WU: Health Talk w/ Sharlie Lewis (LL) 2:00 Shamrocks & Chardonnay: St. Patrick's Day Wine & Cheese Social *Limited Spaces: Contact x7402 to RSVP* (A)</p> <p style="text-align: right;">17</p>	<p>11:30 Screening of Netflix Original Series: <i>The Queen's Gambit</i> (A) 12:00 WU: Pop Culture Thursday (LL) 2:00 Docent-led virtual tour of the Smithsonian National Museum of Natural History <i>Deep Time Fossil/Dinosaur exhibit</i> (A) 3:30 Classic Cocktails w/ Bernice Higgins and Julie Ringenary: A Taste of Ireland (LL) 7:30 Evening Film (A)</p> <p style="text-align: right;">18</p>	<p>9:00 WU: Wake Up and Workout (Youtube) 2:30 WU: Stretching Class (Youtube) WU: One Day University- Saturday Science Lecture: <i>What We Know (and don't know) About the Universe</i> (Watch from your tablet, computer, or smartphone)</p> <p style="text-align: right;">20</p>
<p>9:00 WU: Wake Up and Workout (Youtube) 2:30 WU: Stretching Class (Youtube) WU: One Day University- Sunday History Lecture: <i>The Woman Who Ruled The World (3500 years ago)</i> (Watch from your tablet, computer, or smartphone)</p> <p style="text-align: right;">21</p>	<p>11:00 WU: Jeopardy (A) 2:00 Virtual Playwright Lecture w/ Diane Steinbrink: <i>Yoo-hoo Mrs. Goldberg the Story of Gertrude Berg</i> (A) 3:00 WU: Abstract Acrylic Art (LL)</p> <p style="text-align: right;">22</p>	<p>11:00 WU: Concerned Citizens (A) 12:20 WU: Line Dancing Class (Zoom) 12:30 Technology Support for iPhones and iPads (A) 2:00 Scotch Tasting w/ April MacDonald (A) 3:30 Crazy Hat Creation Workshop (LL) 7:30 Evening Film (A)</p> <p style="text-align: right;">23</p>	<p>11:00 WU: Sports Review & Hot Topics w/ Bob Craig (A) 11:30 WU: Watermark Players Rehearsal (Zoom) <u>2:00 Shopping trip to Acme (B)</u> 2:00 March Birthday Social w/ Cake & Champagne - ALL ARE WELCOME! (A) 7:30 Painting w/ a Twist! Guided Painting Social (A)</p> <p style="text-align: right;">24</p>	<p>11:30 WU: Famous Philadelphians: Oscar Winning Director, M. Night Shyamalan (A) 12:00 WU: Pop Culture Thursday (LL) 2:00 Virtual Concert w/ David Gustafson: <i>A Tribute to the Beatles</i> (A) 3:30 Activities Committee Calendar Meeting (LL) 7:30 Evening Film (A)</p> <p style="text-align: right;">25</p>	<p>9:00 WU: Wake Up and Workout (Youtube) 2:30 WU: Stretching Class (Youtube) 1:00 Saturday Matinee (A)</p> <p style="text-align: center;">Passover Begins</p> <p style="text-align: right;">27</p>
<p>9:00 WU: Wake Up and Workout (Youtube) 2:30 WU: Stretching Class (Youtube) WU: One Day University- Sunday History Lecture: <i>When Weather Changed the Course of History</i> (Watch from your tablet, computer, or smartphone)</p> <p style="text-align: right;">28</p>	<p><u>10:00 Shopping trip to ShopRite (B)</u> 11:00 WU: Seniors For Peace Workshop (M) 1:00 Monday Movie Matinee w/Popcorn (A) 3:00 WU: Abstract Acrylic Art (LL)</p> <p style="text-align: right;">29</p>	<p>11:00 WU: Famous Philadelphians: W.C. Fields (A) 12:20 WU: Line Dancing Class (Zoom) 12:30 Technology Support for iPhones and iPads (A) 2:00 Screening of <i>A Taste of Passover - A Celebration of the Joys & Music of the Holiday</i> Presented by Bob Freedman (A) 7:30 Evening Film (A)</p> <p style="text-align: right;">30</p>	<p>11:30 WU: Watermark Players Rehearsal (Zoom) 11:30 WU: Master Apartment Gardening: Spring Terrariums (A) 2:00 Spring Fling! Wine & Cheese Social *Limited Spaces: Contact x7402 to RSVP* (A) 3:30 WU: Intro to Paper Quilling (LL)</p> <p style="text-align: right;">31</p>		

ACTIVITY LOCATOR KEY

(LL) Library/Lounge
(ODU) One Day University: Must sign up for this service

(WU) Watermark University
(A) Auditorium
(Zoom) Video Chat Link Required
(Youtube) Request link from Community Life
(ER) Exercise Room
(M) The Mark Dining Room

MARCH 2021

Town Center